

The link below to the MindEd module on Child Development, by Anna Redfern gives a simple, complementary account of development. The module can be accessed though:

<https://www.minded.org.uk/Component/Details/446368>

About the MindEd programme



With three-quarters of adult mental disorders in evidence by the age of 21, effective early intervention can be essential in preventing the development of ill health and disability. MindEd provides accessible, engaging online training in emotional and behavioural 'first aid' and essential therapeutic skills for all those involved in the mental wellbeing and care of children and young people in the UK. The education and knowledge provided is instrumental in breaking down stigma and maximising the life chances for all children and young people.

MindEd offers free, completely open access, online education in over 300 topics. Our e-learning is applicable to a wide range of learners across the health, social care, education, criminal justice and community settings.

Minded was developed by a consortium of partner organisations and funding by the Department of Health, the Department for Education and Health Education England. The e-learning content has been written and edited by leading experts from the UK and internationally. We are confident that the learning materials represent the very best advice and knowledge, presented in an easily digested, engaging and practical way.

Our aim is to provide simple, clear guidance on children and young people's mental health, wellbeing and development to any adult working with children, young people and families, to help them support the development of young healthy minds.

The e-learning content is written to be suitable for all types of users, from healthcare and non-healthcare workforces, such as teachers or GPs, through to the general public.